

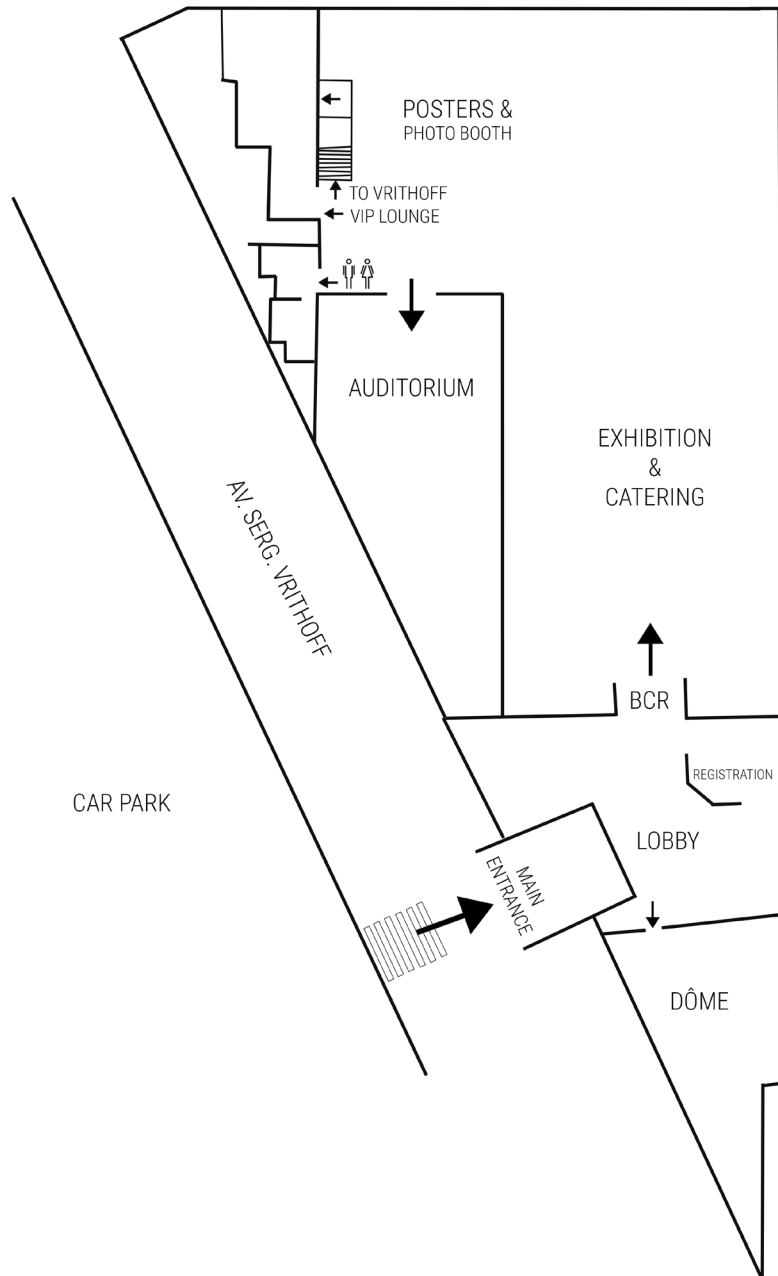
28th Belgian Congress of Rheumatology

18 - 20 September 2024

Namur



FINAL PROGRAMME



Map of the Venue.....2

Organisation4

Welcome Address.....5

Scientific Programme

 Wednesday 18 September.....6

 Thursday 19 September.....9

 Friday 20 September.....12

Crash Course voor reumaverpleegkundigen.....14

Meeting for Health Professionals in Rheumatology.....14

Registration.....16

General Information.....17

Social Programme

 Wednesday 18 September.....18

 Thursday 19 September.....18

Notes.....19

Partners.....23

Engage with the community by using
#BCR2024

WiFi access during the Congress
Network: Free_Wifi



Scientific Organiser

Ellen De Langhe
KUL

Local Organising Committee

Charlotte Baert
Stéphanie Dierckx
Alain Heylen
Catherine Naveau
Isabelle Ronsmans
UCL Namur

Scientific Committee

Philippe Carron, *UGent*
Kurt de Vlam, *KUL*
Patrick Durez, *UCL*
Alla Ishchenko, *ZNA, KUL*
Jan Lenaerts, *Reumainstituut Hasselt, UZ Leuven*
Olivier Malaise, *CHU de Liège*
Laurent Méric de Bellefon, *UCL*
Vanessa Smith, *UGent*
Farah Tamirou, *UCL*
Kristof Thevissen, *Reumacentrum Genk, UHasselt*
Margot Van Mechelen, *UZA*
Jean-Baptiste Vulsteke, *KUL*
Ruth Wittoek, *UGent*

Congress Secretariat

MediCongress Services

Noorwegenstraat 49
B-9940 Evergem, Belgium
Phone: +32 (0)9 218 85 81
reumato@medicongress.com
www.medicongress.com

medicongress
conference & association management



Dear Colleagues, Dear Friends,

The Royal Belgian Society for Rheumatology takes great pleasure in welcoming you to the **28th Belgian Congress of Rheumatology**, taking place in **Namur** on **18 - 20 September 2024**.

This 28th Congress is hosted at Namur Expo, situated on the verge of the city centre and within walking distance from the railway station and the hotels located in the city centre.

This year's scientific programme features a well-curated mix of state-of-the-art invited lectures by renowned national and international speakers, selected oral presentations, Updates in Therapeutics organised with the support of the industry, as well as novel formats including a debate and multidisciplinary panel discussions.

As in previous years, the spotlight will be on the Thieves' Market: the three most challenging clinical cases have been selected, and the best presentation will be awarded € 750.

We are also excited to introduce a novel concept of interactive workshops on Friday, where clinically oriented challenging cases will be discussed in small groups under the guidance of experts.

On behalf of the KBVR-SRBR we wish you an instructive Congress and a pleasant stay in Namur!

Yours sincerely,

Ellen De Langhe
Scientific Organiser

Charlotte Baert
Stéphanie Dierckx
Alain Heylen
Catherine Naveau
Isabelle Ronsmans
Local Organising Committee



Young Investigators' Meeting **Room Vrithoff**
 Chairs: Margot Van Mechelen (UZA) & Charlotte Baert (UCL Namur)

- 10.00 **A1** **Prospective evaluation of capillaroscopy in healthy children**
Tessa Du Four (UZ Gent)
- 10.15 **A2** **Unravelling the paratope sequence of rheumatoid factor**
Jonas De Leeuw (KUL)
- 10.30 **A3** **Investigating the role of DUX4 in the pathology of arthritis: A screen of osteoarthritis and rheumatoid arthritis fibroblast like synoviocytes**
Ellen Luyten (UHasselt)
- 10.45 **A4** **Expression of renal progenitor cells is decreased in lupus nephritis patients**
Antoine Enfrein (UCL)
- 11.00 **A5** **An altered subchondral bone architecture increases the risk of cartilage degradation after trauma**
Renée Van der Cruyssen (VIB-UGent)
- 11.15 **A6** **Cardiorespiratory fitness testing in patients with psoriatic arthritis**
Marlies Kaerts (KUL)
- 11.30 **A7** **STING1 as candidate gene for familial SS**
Jinine Hatoum (UCL)
- 11.45 **A8** **An exploration of DNA methylation signatures in rheumatoid arthritis**
Elise Beeuwsaert (UGent)

12.00 Welcome Lunch

12.45 **Opening Ceremony** **Auditorium**
Jan Lenaerts, President KBVR-SRBR 2023-2024
Saskia Verwijs, Association Manager KBVR-SRBR
Ellen De Langhe, Scientific Organiser

SESSION 1: Rheumatoid Arthritis **Auditorium**
 Chairs: Patrick Durez (UCL) & Patrick Verschueren (KUL)

Update in Therapeutics - Organised with an educational grant from Alfasigma

13.00 **Managing initial TNFi failure in RA patients: How to PROceed**
 James Galloway, King's College London, UK



Abstract Presentations (Ethics and Economy)

- 13.30 **A9** **Smartphone apps to support self-management in patients with rheumatoid arthritis: Primary results of the randomized controlled AEGORA trial**
Michaël Doumen (KUL)
- 13.40 **A10** **Immune checkpoint-induced arthritis: A comprehensive single cohort descriptive analysis from clinical evaluation to histology**
Laurent Méric de Bellefon (CNDG, UCL)
- 13.50 **A11** **Association of HLA DRB107:01 and DQB103:01 haplotypes with systemic sclerosis: Findings from the Belgian Multicentre ESScENT Study**
Anne-Catherine Dens (KUL)
- 14.00 **I1** **Equity in rheumatology healthcare (Ethics and Economy)**
Annelies Boonen, MUMC, Maastricht, The Netherlands
- 14.30 Coffee Break

SESSION 2: Osteoarthritis **Auditorium**
 Chairs: Mieke Devinck (AZ Sint-Lucas Brugge) & Xavier Theunssens (GHdC)

Bone & Joint Lecture

- 15.00 **I2** **Osteoarthritis: Recent insights and a perspective on the future**
Rik Lories (KUL)
- 15.30 **Debate: Does OA benefit from a local or a systemic treatment approach?**
Rik Lories (KUL) & Margreet Kloppenburg, LUMC, Leiden, The Netherlands

Abstract Presentations

- 16.15 **A12** **Clinical features of patients with SpA, with or without IBD: Results from the METEOR cohort**
Manouk de Hooge (UZ Gent)
- 16.25 **A13** **Tofacitinib and baricitinib alleviate metabolic dysregulation, inflammation and fibrosis in osteoarthritis: Insights from human joint cells and synovium**
Olivier Malaise (CHU de Liège)
- 16.35 **A14** **MRI-based synthetic CT is superior to conventional MRI for the detection of structural lesions in postpartum women after 5 year follow-up**
Manouk de Hooge (VIB-UGent)



- 16.45 Coffee Break
- SESSION 3: Ethics and Economy** **Auditorium**
Chairs: Stéphanie Dierckx (UCL Namur) & Charlotte Baert (UCL Namur)
- 17.30 **I3** **Challenges ahead in outpatient medicine in Belgium: A point of view from VBS-GBS**
Stan Politis, President VBS-GBS
- 18.00 **I4** **Reforming the nomenclature: State of play and impact for rheumatologists**
Jo De Cock, former CEO of RIZIV/INAMI and former chair of commission medical doctors and health insurance funds
- 18.30 **Update from BRV-AMRB**
Philip Remans, President BRV-AMRB
- 18.45 **Update from ReumaNet/CLAIR and BeHPR**
Veerle De Pourcq (ReumaNet)
Véronique Frennet (CLAIR)
Thanny Bries (BeHPR)
- 19.00 **I5** **AI innovations in Rheumatology: Applications of large language models**
Marie Binvignat, Sorbonne University, Paris, France
- 19.30 **Welcome Reception, Walking Dinner and networking in the exhibition area (see page 18)**



- 06.45 **BCR Run & Walk (see page 18)**
- SESSION 4: CTD-ILD** **Auditorium**
Moderator: Ellen De Langhe (KUL)
- Abstract Presentations**
- 08.30 **A15** **Ultrasound guided core needle biopsy of the parotid gland: A reliable technique in the work up of primary Sjögren's Disease**
Helena Achten (VIB-UGent)
- 08.40 **A16** **Lung involvement in early rheumatoid arthritis, analysis of ERA UCLouvain Brussels FINDRA cohort**
Antoine Froidure (UCL)
- 08.50 **A17** **Ultrasonography for day-to-day clinical use: Construction of a simple discriminator between healthy skin and thickened systemic sclerosis skin**
Nathalie Berghen (UZ Gent)
- Update in Therapeutics - Organised with an educational grant from Pfizer**
- 09.00 **Lungs on Fire: A case-based multidisciplinary discussion (part 1): How to diagnose and monitor?**
Yves Piette (UGent, AZ Sint-Jan Brugge – Oostende) & Johny Verschakelen (KUL)
- Update in Therapeutics - Organised with an educational grant from Boehringer-Ingelheim**
- 09.30 **Lungs on Fire: A case-based multidisciplinary discussion (part 2): How to treat?**
Vanessa Smith (UGent), Antoine Froidure (UCL) & Wim Wuyts (KUL)
- 10.10 Sharing of the QR code to vote for KBVR/SRBR board members
- 10.15 Coffee Break



SESSION 5: Systemic diseases Auditorium
 Chairs: Jan Lenaerts (Reumainstituut Hasselt, UZ Leuven) & Christian Von Frenckell (CHU de Liège)

- 10.45 16 **Vesalius Lecture**
The moving field of SLE: The perspective of a lupologist
 Frédéric Houssiau (UCL)
- 11.15 17 **CAR-T cells, a new horizon for autoimmunity?**
 Georg Schett, Friedrich-Alexander University Erlangen-Nürnberg, Germany
- Update in Therapeutics - Organised with an educational grant from AbbVie**
- 11.45 **How cytokine networks fuel inflammation: Towards a cytokine-based taxonomy Ten years later: A perspective on the future of IMIDS?**
 Georg Schett, Friedrich-Alexander University Erlangen-Nürnberg, Germany
- 12.15 **General Assembly**
- 12.45 **Lunch Break**
- 13.45 **Poster Viewing**
- 14.15 **FWRO Award Ceremony** Auditorium
 René Westhovens (KUL)
- SESSION 6: Spondyloarthritis** Auditorium
 Chairs: Barbara Neerinckx (KUL) & Kathleen De Knop (GZA)
- Update in Therapeutics - Organised with an educational grant from Lilly**
- 14.45 **Assessing and treating psoriasis: More than scratching the surface**
 Peter van de Kerkhof, Radboud University, Nijmegen, The Netherlands
- Update in Therapeutics - Organised with an educational grant from UCB**
- 15.15 **Swift resolution of inflammation: The holy grail?**
 Filip Van den Bosch (UGent)
- 15.45 18 **Clinical assessment of hypermobility disorders**
 Marijn Vis, Erasmus MC, Rotterdam, The Netherlands
- 16.15 **Coffee Break**



SESSION 7: Bone and Joint Health Auditorium
 Chairs: Kurt de Vlam (KUL) & Olivier Malaise (CHU de Liège)

- 16.45 19 **How to tackle rebound in osteoporosis**
 Serge Ferrari, University of Geneva, Switzerland
- Update in Therapeutics - Organised with an educational grant from Amgen**
- 17.15 **The link between inflammatory disorders and coronary heart disease: Where cardiology and rheumatology meet: A perspective on the future**
 Nehal N. Mehta, The George Washington University, Washington, USA
- Abstract Presentations**
- 17.45 A18 **An atlas of the synovium in knee osteoarthritis: Fibroblast activation defines disease progression**
 Eric Gracey (VIB-UGent)
- 17.55 A19 **The pathological role of a novel autoantibody biomarker in therapy response in a mouse model of arthritis**
 Sukayna Fadlallah (UHasselt)
- 18.05 A20 **Deep cellular profiling reveals a pathological fibroblast population in human Achilles tendinopathy**
 Guillaume Planckaert (VIB-UGent)
- 18.15 **Adjourn**
- 19.30 **Congress Dinner at Hotel Mercure (see page 18)**



Workshops

09.00 - 09.45 Workshops 1 - 4

09.45 - 10.00 Transfer time

10.00 - 10.45 Workshops 1 - 4

Workshop 1

Organised with an educational grant from Lilly

Challenging PsO cases: Clinical myths and pearls workshop

Peter van de Kerkhof, Radboud University, Nijmegen, The Netherlands

Room Vrithoff

Workshop 2

Organised with an educational grant from AbbVie

Challenging imaging cases in PsA : Tips, tricks and pitfalls

Lennart Jans (UGent)

VIP Lounge

Workshop 3

Organised with an educational grant from Alfasigma

Challenging RA cases: Interactive case discussions

Peggy Jacques (UGent)

Dôme

Workshop 4

Organised with an educational grant from Amgen

Challenging osteoporosis cases: Beyond postmenopausal osteoporosis:

Meet the expert

Serge Ferrari, University of Geneva, Switzerland

Auditorium

10.45 Coffee Break



SESSION 8: Closing Session

Auditorium

The past, present and future of Belgian rheumatology

Chairs: Jan Lenaerts (Reumainstituut Hasselt, UZ Leuven) & Laurent Méric de Bellefon (CNDG, UCL)

11.15 I10 New kids on the block in the treatment of ANCA vasculitis
Frédéric Vandergheynst (ULB)

11.45 Year in Review
Olivier Malaise (CHU de Liège)

Thieves' Market: Best Clinical Case Contest - Young (future) Rheumatologists

12.15 A21 A case of granulomatous disease evolving at a sluggish pace
misdiagnosed as sarcoidosis
Nele Verbeuren (VUB)

12.25 A22 It started with a foot drop
Josefien Van Leeuwen (AZ Sint-Jan Brugge)

12.35 A23 Refractory seronegative rheumatoid arthritis: Trust your gut
feeling
Elke Decommer (UZ Leuven)

12.45 Voting & Thieves' Market Award Presentation

13.00 Closure of the Congress

13.15 Farewell Lunch

Crash course voor reumaverpleegkundigen: Waarom behandelen we reumatische aandoeningen

Dôme

Georganiseerd met een educatieve beurs van Novartis

- 08.30 **Anatomie gezond/ reumatisch gewricht, pijn**
Fleur Boelhouwers, Reumacentrum Genk
- Artritis vs. artrose, treat to target**
Gaëlle Varkas, UGent
- 14.00 **Impact van reumatische aandoeningen**
Patiëntenverenigingen, Patient Partner Program en Patient Experts

Thursday 19 September

Meeting for Health Professionals in Rheumatology – Morning

Dôme

- 08.45 Registration*
- 09.00 Welcome
- Session 1**
Chair: Deborah Defranck
- 09.15 **Elevate your impact: Mastering good clinical practices**
Sanne D'hondt (PhD), HIRUZ, UZ Gent
- 10.00 **Navigating the decision tree: Optimizing biologicals in rheumatology**
Louis Van Praet, AZ Sint-Jan Brugge
- 10.45 Coffee break
- Session 2**
Chair: Tanja De Bruyn
- 11.00 **The multidisciplinary team: What does your team look like?**
Interactive session
- 11.45 **The power of experience: The importance of patient experts in healthcare**
Veerle De Pourcq, ReumaNet, Coordinator Patient Expertise
- 12.15 Lunch & Networking

Meeting for Health Professionals in Rheumatology - Afternoon

Dôme

Session 3 Chair: Thanny Bries

- 13.15 **Cutting-edge insights: The latest vaccine updates in rheumatology**
Sam Beeckman, AZ Sint-Jan Brugge
- 14.15 **Heart matters: Understanding cardiovascular risk in rheumatology patients**
Laurent Méric de Bellefon, Cliniques universitaires Saint-Luc
- 15.00 Coffee Break

Session 4 Chair: Nele Ooms

- 15.15 **Highlight from EULAR 2024**
Diederik De Cock, VUB
- 15.30 **Focus on RA, patient-reported outcomes & mHealth**
Michaël Doumen (PhD), KULeuven
- 15.45 **'My knee is bone on bone!' How can communication and education impact self-management of people with osteoarthritis?**
Céline Labie (PhD), KULeuven
- 16.30 **Closing and a safe trip back home**

*Registration (including coffee breaks and lunch) is free of charge, but obligatory



Registration Fees

	LATE As of 1 September
Member KBVR-SRBR	€ 400,00
Non Member	€ 500,00
Emeritus	€ 75,00
Researcher non-MD*	€ 75,00
Trainee in Rheumatology*	€ 75,00
Other Trainee*	€ 100,00
Congress Dinner	€ 75,00
Health Professionals' Meeting on Thursday 19 September	Free

*Please bring a copy of your student card or a certificate of your director. Without proof the non-member fee will be charged.

The registration fee for participants includes

- Participation in all scientific sessions
- Participation in the 'Updates in Therapeutics' organised by the Industry
- Participation in the Workshops on Friday morning
- Congress bag with the Programme and congress related documents
- Access to the exhibition (MDs only)
- Lunches and coffee breaks
- Welcome Reception, Walking Dinner and Networking on Wednesday

Cancellations

Participants canceling their registration before 1 September 2024, will receive a full refund, less administration costs (€ 50,00 for members and non-members and € 25,00 for trainees, researchers and emeriti). There will be no refunds for cancellations received after this date. Cancellations must be confirmed in writing to the Organising Secretariat. All refunds will be processed after the Congress.



Venue

Expo Namur
Av. Sergent Vriethoff 2
5000 Namur
www.namurexpo.be

A pay car park is conveniently located directly across from the main entrance.

Accreditation

A request for accreditation has been submitted to the RIZIV/INAMI. A certificate of attendance will be sent by email after the Congress.

Please bring your ID for digitally signing in during these **5 time blocks**:

Wednesday 18 September

Between 09.45 - 16.45 hrs and between 17.15 - 19.30 hrs.

Thursday 19 September

Between 08.15 - 12.15 hrs and between 14.00 - 18.15 hrs.

Friday 20 September

Between 08.45 - 13.15 hrs.

Exhibition

A medical exhibition will be held on the occasion of the Congress. Access is free for registered participants. The exhibition is not accessible for non-MDs.

Liability

Neither the organisers nor Medicongress or the KBVR-SRBR accept liability for damages and/or losses of any kind which may be incurred by Congress participants during the Congress. Participants are advised to take out insurance against loss, accidents or damage which could be incurred during the Congress.



Wednesday 18 September

19.30 **Welcome Reception, Walking Dinner and Networking**
The Walking Dinner is offered to all participants and exhibitors in the Exhibition area at Namur Expo.

Thursday 19 September

06.45 **BCR Run & Walk**
We invite early risers to participate in the BCR Run & Walk.

Per participant € 50,00 is donated for research.

Meeting point: Lobby of Hotel Mercure
Av. Baron de Moreau 1
5000 Namur

19.30 **Congress Dinner at Hotel Mercure**
The Congress Dinner will take place at Hotel Mercure, offering a splendid view overlooking the river Meuse.







Platinum Partners

abbvie

ALFASIGMA 

AMGEN

Lilly A MEDICINE COMPANY

Gold Partners

 Boehringer
Ingelheim

 NOVARTIS

 Pfizer



Silver Partners

 HEALTHCARE
CELLTRION

Johnson & Johnson
Innovative Medicine